

IS TEAM SPIRIT FITNESS A GREAT FITNESS FRANCHISE?



by Sean from www.franchisepick.com

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In a recent report on emerging franchise companies published by FranData, the fitness franchise category was launching the most new concepts, by far. But which fitness franchises are worth considering? Which have gained the most goodwill and enthusiasm from franchise owners, club members, company employees and industry observers?

We posed this question to a few hundred members of these groups. Early responses mentioned Butterfly Life, Contours Express, and a relatively unknown concept: Team Spirit Fitness.

Of Team Spirit Fitness, Michael writes:

“Team Spirit Fitness Centers is the hottest new fitness franchise out there. It combines proven exercise principles, with all-natural nutrition plans and is the only fitness franchise that has built a support structure for its members to help them realize long-term success. Check out Team Spirit Fitness Centers today. They are offering master franchise territories for those who qualify.”

Other opinions for *IS TEAM SPIRIT FITNESS A GREAT FITNESS FRANCHISE?*

Angela

“Team Spirit Fitness Centers is by far the best thing I’ve ever found. They have a great exercise and nutrition program that really works and the best part was I got to form my own team which encouraged me along my journey. Even though our team didn’t win the contest, we were all winners because we feel great and lost a lot of weight.”

Bruce

“Team Spirit fitness center is by far the best fitness center around. Their nutrition plan and exercise are perfect for us baby boomers and we got real results. My team finished a close second and I would never have gotten as far as I did without the team spirit concept of friends/family and co-workers joining me as a team to compete against others in our quest for health. I can’t say enough great things about it!!”

Doug

“I’ve really enjoyed my time at Team Spirit. I’m a competitive guy, so having the chance to compete with friends while working to reach my goal has been an awesome combination. The exercise and nutrition principles are sensible and have made it easy to get results I was looking for. Team Spirit has given me something I may have never found at your typical gym. Go Team Spirit!!!”

Allen

“My team did a great job and even though we finished second, we lost over 100 lbs. total. Thanks Team Spirit for showing us the way!”